

<u>Routine Elements</u>	<u>Avg. Max. Mins/4 Hr. Program</u>	<u>Avg. Max. Mins/8 Hr. Program</u>
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Arrival & Dismissal	10	10
Breakfast	-	20
Snack	15	15 x 2
Lunch	20	20
Transitions	10	20
Hygiene	10	20
Cleanup	15	20
Nap		60

Curricular Elements

AM Circle Time	15 Max	15 Max
Center Time*	80 Min*	160 Min*
Literacy Events	10-15	10-15 x2
Whole Group (Music, Gross Motor)	10-15	20
Playground	30	30 x 2
PM Circle	5	5

\*This is TOTAL Center Time which should be at least 1/3 of your day, but can be divided into developmentally appropriate and convenient segments. Center Time may include Small Group and Individual (Strength) Time.